

## Be a part of the network of GPs to provide mental healthcare

With 15% of adults with chronic conditions also developing a mental health condition, family doctors, like you can play a part to provide the necessary early identification & treatment. This allows your patients to be continually supported by you and other community services for their mental health care.

The Mental Health General Practitioner (GP) Partnership Programme is a national initiative by the Ministry of Health and Agency for Integrated Care to strengthen and improve access to mental health services in primary care.



This programme aims to:

- Provide holistic and accessible care for patients with physical and/or mental conditions
- Encourage patients with mental health needs to seek early treatment from you as a family doctor

If you are already part of a Primary Care Network and wish to support your patients with mental health needs, do contact us for more information.

### For more information on Mental Health General Practitioner (GP) Partnership Programme



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Mental Health GP Partnership Programme

Empowering You

As a Primary Healthcare Provider

## How can you play a part?

- Conduct assessment and treatment
- Manage new and/or existing patients with mild to moderate mental health conditions in the community\*
- Co-manage patients and caregivers with allied health Community Intervention Teams

\* These patients include those who were right-sited from partnering hospitals. The conditions include: psychosis, depression, anxiety, insomnia, dementia and/or the at risk-group.



## How will you be supported?

1. To ensure quality clinical care in the community, you will be supported with:
  - Psychiatric drugs at a lower cost
  - Community mental health services, such as case management and counselling
  - Direct access to specialist(s) assigned by Restructured Hospitals (RHs) to assist you with clinical consults
  - Access to subsidies for mental health conditions under Community Health Assist Scheme (CHAS) and Chronic Disease Management Programme (CDMP)
2. A Liaison Coordinator will facilitate your patients' referrals between the clinic, hospital and community support services
3. Continuing Medical Education (CME) talks and case discussion platforms are also regularly organised to enhance your competencies in the latest treatment modalities of mental health care

## How will you and your patients be supported by Community Partners?

To support your patients' social and emotional needs and recovery process, this programme ensures that they will be well complemented by partnering mental health services.

The diagram below illustrates the continuum of care for your patients' various care needs which will be supported by a Liaison Coordinator.

