

Keeping everyone abreast on what's happening in the ACP community

EDITOR'S NOTE / MANSOR MOHD MOHTER

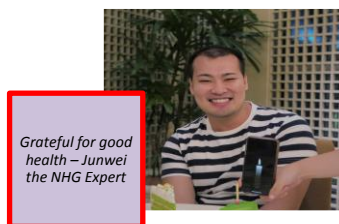
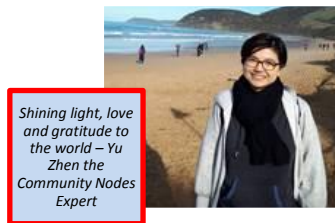
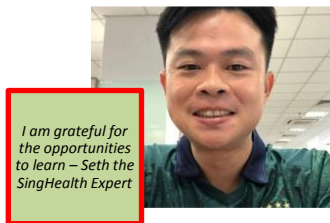
Starting the year with gratitude!

"When I started counting my blessings, my whole life turned around" – Willie Nelson

I feel that without gratitude, no matter how blessed one's life is, one will always feel unsatisfied. When patients share what "living well" means to them, it makes me evaluate all the things in life I take for granted. Indeed, I have plenty to be grateful.

Therefore, from the ACP National Office that constantly advocates asking people what their concept of "living well" is, I think it is an opportune time that I use the first issue of 2020 to introduce to you the team behind ACP National Office and get them to share their gratitude!

On behalf of ACP National Office, Happy 2020 and may it be a great one!



Asatizah Briefing on Public Guardianship @ MUIS

On 20 November 2019, Islamic Religious Council of Singapore (MUIS) conducted a briefing for their Asatizah (religious leaders) on public guardianship at MUIS Auditorium.

They covered topics on Advance Medical Directive (AMD), Advance Care Planning (ACP) and Lasting Power of Attorney (LPA). They invited AIC to provide a presentation on ACP and ended with a panel discussion.

During the session, they emphasised the critical role the religious leaders play in creating awareness and educating the Muslim community on such matters.

About 120 Asatizah attended the session and had their queries answered during the light-hearted panel discussion.



ACP Communities of Practice (CoP) : It's Official!

ACP CoP had their first official meeting on 28 November 2019 @ NHCS. ACP Coordinator Darlene, from SGH, introduced the concept of ACP CoP including the Vision and Mission.

Our Shared Vision:

To co-create best practices, inspire learning and drive Advance Care Planning as part of person-centered care.

Mission:

To strengthen the practice of advance care planning conversations; encourage sharing of knowledge, skills and resources; and engage and educate stakeholders to support the spread of this initiative.

Their next step is to work on building ACP facilitators' competency and confidence to address patients' psycho-emotional issues.



Jaycelyn is a recent graduate from NUS Division of Industrial Design. For her final year project, she designed “Care to play?”: an online quiz that introduces the crucial questions of end-of-life care.

In the December of 2017, I lost my dad to a heart attack. His sudden passing left all of us at a loss and I often wondered if there was anything he had wanted to say to us before it was all too late. It was also hard to imagine how difficult it must be for those patients who are still alive but could no longer communicate their suffering or wishes. These perspectives led me to begin my work on increasing awareness for Advance Care Planning (ACP).

In addition to research, I decided to learn more about ACP “on-the-ground” by carrying out interviews with practitioners of ACP in various healthcare groups like AIC, KTPH, TTSH and AMKFSC. Soon enough, their passion and willingness to help caught on and I became a strong advocate of ACP as well.

Death and end-of-life care planning are hardly popular topics taken on in the sphere of design. While it may seem risky and bold to embark on designing for ACP advocacy, I saw it as an opportunity especially with the younger audience who are more open-minded and might want to express more control over their end-of-life matters.

“Care to play?” is designed with 3 progressive states, Casual, Intimate and Critical, to ease participants into the taboo but inevitable topic of death. The questions posed in each sequence allow the user to subconsciously reflect on their stage of life, understand their loved ones at a deeper level and spark opportunities to promote the importance of such end-of-life care discussions.

I presented my project and received positive reviews. I achieved my personal goal in playing a part in creating greater awareness to this taboo topic. Although my school project has come to a completion, I decided that I will continue to embark on my journey to advocate for ACP. Especially to my loved ones because I care. How about you? You care to play?

To understand more about the project, please visit <https://jaycelynysl.weebly.com/service-design--care-to-play.html>

