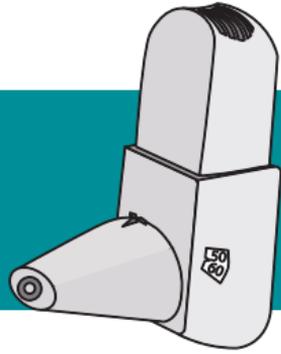
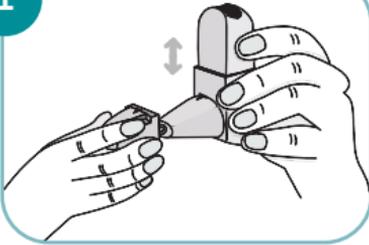


HOW TO USE THE EASYHALER

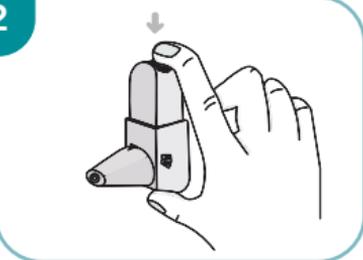


1



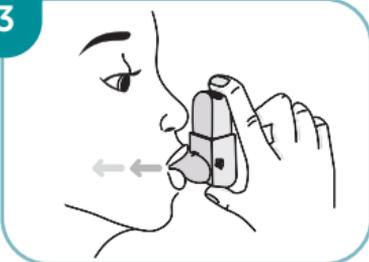
- Remove the dust cover.
- Hold the inhaler upright and shake it up and down.

2



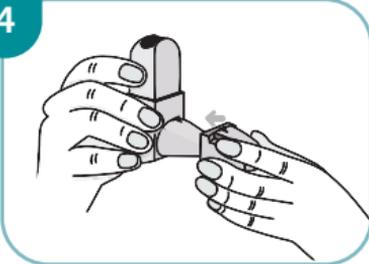
- Push down on the coloured button until you hear a click, then release it. The inhaler is now loaded with 1 dose of medicine and ready for use.

3



- Breathe out gently away from the inhaler. Seal your lips around the mouthpiece and breathe in steadily and deeply.
- Remove the inhaler and hold your breath for up to ten seconds, or for as long as is comfortable. Breathe out slowly, away from the inhaler.

4



- For another dose, repeat steps 1-3 after one minute.
- Clean the mouthpiece with a dry tissue after use and replace the dust cover.
- Rinse your mouth with water after each dose. Do not swallow.

IMPORTANT TO NOTE:

- Do not exhale or breath out into the inhaler.
- The dose counter turns every 5 doses, and the last 20 doses will appear in red. Please contact your doctor for a new inhaler when you see the red numbers.
- **Do not use** inhaler after the expiry date OR 6 months after opening the foil patch.

For videos on inhaler technique by language,
please scan the QR codes



English



Mandarin
华语



Malay
Bahasa Melayu



Tamil
தமிழ்



CONTROL ASTHMA. ENJOY LIFE.

The Singapore National Asthma Programme (SNAP) was set up by the Ministry of Health in 2001 to reduce the burden of asthma in Singapore.

This technique card is produced by SNAP to provide instructions on correct inhaler use.

Disclaimer: The information provided is for general guidance only and does not replace personalised advice from your healthcare professional. Please consult your healthcare professional for more information specific to your condition.