

CLINIC ASSISTANT TRAINING PROGRAMME (INTERMEDIATE)

Course Details

Pre-session material will be provided

Session 1: Fundamentals of Wound Dressing & Management

Learning Objectives

CAs will be able to differentiate simple vs complex wounds

Understand common wound care products

Prepare for wound dressing procedure

Assist the GP during wound dressing

Perform wound dressing for non-complicated wounds

Provide appropriate follow-up advice

Programme Outline

- Learning of the anatomy of the skin layer
- Classification of wounds
- Principles of wound healing

- Overview of common wound care products

- Pre-procedure preparation

- Providing assistance to the GP during wound dressing
- Correct handling and disposal of contaminated materials post-procedure

- Performing dressing for non-complicated wounds

- Patient education on wound care
- Follow up advice of wound care
- Identify signs of wound infection

Course Details

Pre-session material will be provided

Session 2: Assistance in Simple Clinic Procedures (Toilet & Suture, Removal of Sutures)

Learning Objectives

CAs will have knowledge of common suturing material

Be able to prepare for a simple clinic procedure

Know how to assist the GP during the procedure

Know how to correctly dispose of sharps and waste

Be able to provide post-procedure advice for patient

Programme Outline

- Understanding the purpose of sutures
- Learning common types of suturing materials
- Pre-procedure preparation of equipment and materials required
- Understanding the need for consent
- Performing a pre-procedural timeout using a checklist
- Identify sterile and non-sterile field
- Skin preparation
- Assisting the GP during the procedure (Toilet & Suture, Removal of Stitches)
- Correct disposal of sharps and waste
- Post-procedure packing of instruments
- Post-procedure advice for patient
- Advise on the need for suture removal



Course Details

Pre-session material will be provided

Session 3a: Vaccination Support

Learning Objectives

CAs will learn about the common adult and childhood vaccines

Be aware of the concept of cold chain

Be able to prepare for and assist the GP in the vaccination process

Understand the need for infection control

Be able to monitor patients post vaccination

Recognise common side effects and any possible serious reactions

Programme Outline

- Introduction to immunisation
- Common adult and childhood vaccines
- Brief overview of National Immunisation Programme, HSG vaccinations
- Awareness of cold chain requirements for vaccine storage
- Performing patient registration and screening
- Preparation of vaccination equipment
- Assisting during vaccination
- Updating of vaccination records
- Understanding infection control and risk of sharps injury
- Waste management and sharps disposal
- Monitoring of patients post vaccination
- Awareness of common side effects & recognising serious reactions



Course Details

Pre-session material will be provided

Session 3b: Inhaler and Nebuliser Technique

Learning Objectives

CAs will understand common respiratory conditions requiring inhaled therapy

Identify different inhaler devices and understand their correct usage

Be able to educate patients on inhaler technique

Have the skill and knowledge to provide nebulisation for patients

Recognise potential side effects and red flags

Maintain infection control and equipment hygiene

Programme Outline

- Common conditions requiring the use of inhaler / nebuliser
- Recognition of signs of respiratory distress

- Understanding preventer vs reliever use
- Learning the mechanism of action of an inhaler and a nebuliser
- Demonstrate correct technique for:
 - Metered Dose Inhaler (MDI)
 - Dry Powder Inhaler (DPI – Accuhaler, Turbuhaler, Spiromax)
 - MDI with Spacer

- Identification of common user errors
- Coaching of patients using standardized instructions

- Nebuliser equipment setup and troubleshooting

- Post nebuliser advice, common side effects

- Post-Treatment Care: Cleaning, disinfection and equipment storage



Date & Time

Session 1

14 Jul 2026, 1pm - 5pm

Session 2

21 Jul 2026, 1pm - 5pm

Session 3

30 Jul 2026, 1pm - 5pm

Venue

SHP PRIME

**167 Jalan Bukit Merah Connection One
(Tower 3, Level 7) #07-07 Singapore 150167**

Nearest MRT Station

Redhill MRT – transfer to Bus No. 132 to Bukit Merah Bus Interchange

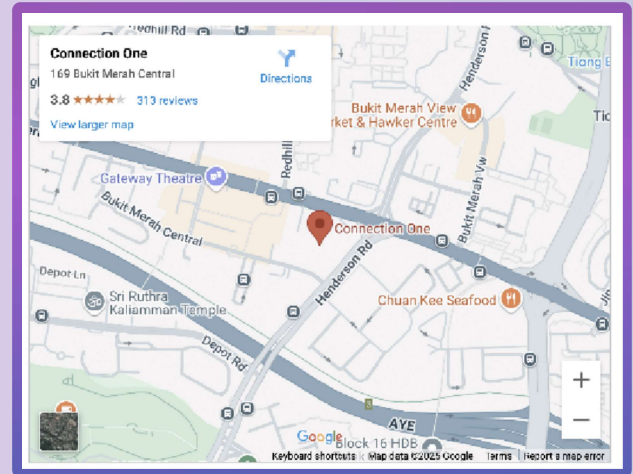
Nearest Bus Interchange/Bus Stop

Bukit Merah Bus Interchange

Bus No: 5, 16, 57, 123, 131, 132, 139, 153, 167, 176, 198, 272, 273, 275, 851

Bus Stop along Jalan Bukit Merah

Bus No: 14, 147, 196, 197, 855, 961



Registration

Registration via QR code:



\$250 per session (excluding GST)

\$650 for all 3 sessions (Bundle price, excluding GST)

80% funding / 20% co-payment
Capped at \$808 per Healthier SG clinic; up to 2 CAs

Payment via Paynow to UEN number: 200002698ZSHP

Confirmation of Attendance

You will receive a confirmation email once we have verified the payment.

Pre-reading material will be sent to the participant(s)' email.

Refund Policy

100% refund if withdrawal is made more than 14 days before the first session.

50% refund if notified 7–14 days before the first session.

No refund for withdrawals made less than 7 days before the first session or for no-shows.

Application is non-transferrable.